The Minority Fellowship Program: A Model for Training and Support

Presented at:

University of Miami
Graduate School Fellowship Writing Clinic

September 23, 2013

Andrew T. Austin-Dailey, MDiv, MS
Director, APA Minority Fellowship Program
Overview

- APA Fellowships
- Minority Fellowship Program Background
- Mental Health and Substance Abuse Services Fellowship
- Psychology Summer Institute
APA Fellowships
Quick Links

APA Style
(http://www.apastyle.org/index.aspx)

Continuing Education
(education/ce/index.aspx)

Convention (convention/index.aspx)

Divisions (about/division/index.aspx)

Find a Psychologist
(http://locator.apa.org)

Programs and Directorates
(about/offices/index.aspx)

PsycCareers (careers/index.aspx)

Government Relations
(about/gr/index.aspx)

Scholarships, Grants & Awards
/about/awards/index.aspx)

Giving Opportunities
/about/donors.aspx)

Center for Psychology and Health
(health/index.aspx)
Scholarships, Grants, and Awards

APA and its affiliate organizations provide a wide range of grants, scholarships, awards with the aim of advancing the science and practice of psychology as a means of understanding behavior and promoting health, education, and human welfare.

<table>
<thead>
<tr>
<th>Award Topic</th>
<th>Award Sponsor Type</th>
<th>Award Type</th>
<th>Award Recipient Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical</td>
<td>APA</td>
<td>Achievement Award</td>
<td>Divisions</td>
</tr>
<tr>
<td>Cognitive</td>
<td>APA Divisions</td>
<td>Commendation</td>
<td>Early Career</td>
</tr>
<tr>
<td>Counseling &amp; community</td>
<td>APA Practice Organization</td>
<td>Dissertation Award</td>
<td>Educators</td>
</tr>
<tr>
<td>Developmental &amp; child</td>
<td>APAGS</td>
<td>Fellowship</td>
<td>Employers</td>
</tr>
<tr>
<td>Disability</td>
<td>APF</td>
<td>Grant</td>
<td>Institutions</td>
</tr>
<tr>
<td>Education &amp; school</td>
<td>Federal</td>
<td>Internship (non-clinical)</td>
<td>International</td>
</tr>
<tr>
<td>Ethics</td>
<td>Governance Affairs</td>
<td>License</td>
<td>Minorities</td>
</tr>
<tr>
<td>Experimental</td>
<td>Honor Societies</td>
<td>Lecture</td>
<td>Postdocs</td>
</tr>
<tr>
<td>Health</td>
<td>Other/Private</td>
<td>Prize</td>
<td>Practitioners</td>
</tr>
<tr>
<td>I/O &amp; Consulting</td>
<td>State</td>
<td>Scholarship</td>
<td>Press</td>
</tr>
<tr>
<td>International</td>
<td></td>
<td></td>
<td>Researchers</td>
</tr>
<tr>
<td>Lesbian, Gay, Bisexual &amp; Transgender</td>
<td></td>
<td></td>
<td>SPTAs</td>
</tr>
<tr>
<td>Media &amp; consumer</td>
<td></td>
<td></td>
<td>Senior Career</td>
</tr>
<tr>
<td>Men</td>
<td></td>
<td></td>
<td>Students, Graduate</td>
</tr>
<tr>
<td>Military</td>
<td></td>
<td></td>
<td>Students, High School and Undergrad</td>
</tr>
<tr>
<td>Neuroscience &amp; biological</td>
<td></td>
<td></td>
<td>Women</td>
</tr>
<tr>
<td>Philosophy of psychology</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public policy &amp; government</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rehabilitation</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Religion</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Service to psychology</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Social &amp; personality</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Violence &amp; trauma</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Women</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1. About the Postdoctoral Fellowship in Mental Health and Substance Abuse Services
The Minority Fellowship Program has created the Postdoctoral MHSAS fellowship to support the specialized training of early career psychologists who have primary interests in services or policy related to the behavioral health of ethnic minorities.
Scholarship/Grant/Award

2. About the Predoctoral Fellowship in Mental Health and Substance Abuse Services
The MFP has created the Predoctoral MHSAS fellowship to support the training of practitioners and policy makers in behavioral health services.
Scholarship/Grant/Award

3. APA-USNC International Travel and Mentoring Program
A program for international networking and exchange to help U.S. psychologists and psychology students attend the 30th International Congress of Psychology.
Scholarship/Grant/Award

4. Leslie W. Joyce and Paul W. Thayer Graduate Fellowship in I-O Psychology
This fellowship is designed to provide financial support to a doctoral student in I-O psychology who is specializing in training and development and/or selection and placement.
Scholarship/Grant/Award

5. Esther Katz Rosen Graduate Student Fellowships
This fellowship supports activities related to the psychological understanding of gifted and talented children and adolescents.
Scholarship/Grant/Award

6. Esther Katz Rosen Early Career Research Grant
The Rosen Early Career Grant promotes early career psychologists whose work centers on the psychological understanding of gifted and talented children and adolescents.
Scholarship/Grant/Award

7. APAGS/ Psi Chi Junior Scientist Fellowship
APAGS and Psi Chi are committed to promoting psychological science and the needs of research-oriented students. The Junior Scientist Fellowship provides support for students entering their first year, or the first semester of their second year, of a research-oriented graduate program.
Scholarship/Grant/Award

8. Elizabeth Munsterberg Koppitz Child Psychology Graduate Fellowships
This fellowship promotes the advancement of knowledge and learning in the field of child psychology.
Scholarship/Grant/Award
Elizabeth Munsterberg Koppitz Child Psychology Graduate Student Fellowship

This fellowship promotes the advancement of knowledge and learning in the field of child psychology.

**Deadline:** November 15, 2013

**Sponsor** APF

### Description

The Elizabeth Munsterberg Koppitz Fellowship program supports graduate research projects and scholarships in child psychology.

### Program Goals

Nurture excellent young scholars for careers in areas of psychology, such as child-clinical, pediatric, school, educational and developmental psychopathology.

Support scholarly work contributing to the advancement of knowledge in these areas.

### Funding Specifics

Up to four research awards of up to $25,000 each; up to two $5,000 scholarships for runners-up.

Support for one year only.

Only one application accepted from any one institution in any given year.

Tuition waiver/coverage from home institution.
Elisabeth Munsterberg Koppitz Child Psychology Graduate Student Fellowship

This fellowship promotes the advancement of knowledge and learning in the field of child psychology.

**Deadline**: November 15, 2013

**Sponsor**: APF

---

**Eligibility Requirements**

- Completed doctoral candidacy (documentation required).
- Demonstrated research competence and area commitment.
- IRB approval must be received from host institution before funding can be awarded if human participants are involved.

---

**Evaluation Criteria**

- Conformance with stated program goals.
- Magnitude of incremental contribution.
- Quality of proposed work.
- Applicant’s demonstrated scholarship and research competence.
This fellowship promotes the advancement of knowledge and learning in the field of child psychology.

**Deadline:** November 15, 2013  
**Sponsor** APF

### Proposal Requirements

Description of proposed project to include goal, relevant background, target population, methods and anticipated outcomes.

*Format:* not to exceed 6 pages

- One inch margins, 12 point Times New Roman font.
- Relevant background, literature review, specific aims, significance: approximately two pages.
- Methods section: approximately three pages (The method section must be detailed enough so that the design, assessments, and procedures can be evaluated.)
- Implications section: approximately one page.

Timeline for execution.

Full budget and justification.

Current CV.

Two letters of recommendation (one from a graduate advisor and the other from the department chair or director of graduate studies).

Copy of IRB approval.

Submit a completed application online by the deadline. Download the [request for proposals](#) (PDF, 143KB).
Minority Fellowship Program
Background
Mission of the Minority Fellowship Program

Improve the well-being (psychological, mental health, etc…) of ethnic minorities.

Consistent with other national efforts to address health disparities.

Increase the number of ethnic minority psychologists

Increase the number of those with an expertise in ethnic minority MH issues

Targeted foci on specialty areas
The Minority Fellowship Programs (Fellowships)

- Doctoral Students
- Postdoctoral Trainees
- Medical Residents
Influence Careers Through Professional Associations

APA Minority Fellowship Program

Members

Academic Institutions

Student Careers
Positively Influence Behavioral Health of Individuals & Community

Fellows

Policy/Leadership

Research/Teaching

Service Provision

Ethnic Minority Individuals

Ethnic Minority Communities
Family of Programs

Mental Health and Substance Abuse Services Fellowship

Psychology Summer Institute

Recovery to Practice

“Family” of Programs
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1974</td>
<td>MFP established with Dalmas Taylor as director</td>
</tr>
<tr>
<td>1975</td>
<td>First year of funds distributed to students (24 Fellows)</td>
</tr>
<tr>
<td>1979</td>
<td>James M. Jones takes over as director</td>
</tr>
<tr>
<td>1979</td>
<td>MHR splits from established program and goes to NIMH</td>
</tr>
<tr>
<td>1988</td>
<td>Diversity Program in Neuroscience established</td>
</tr>
<tr>
<td>1989</td>
<td>Joe Martinez takes over as director of DPN</td>
</tr>
<tr>
<td>1993</td>
<td>Aging Fellows funding by NIA (morphed into MANIP in 98)</td>
</tr>
<tr>
<td>1996</td>
<td>First HIV/AIDS Fellows funded</td>
</tr>
<tr>
<td>1998</td>
<td>MANIP established <em>(funded for 5 years)</em></td>
</tr>
<tr>
<td>2001</td>
<td>First SAR Fellows funded (NIDA support)</td>
</tr>
<tr>
<td>2003</td>
<td>First Psychology Summer Institute</td>
</tr>
<tr>
<td>2010</td>
<td>Recovery to Practice established</td>
</tr>
<tr>
<td>Funding Source</td>
<td>Program</td>
</tr>
<tr>
<td>----------------</td>
<td>--------------------------</td>
</tr>
<tr>
<td>SAMHSA</td>
<td>MHSAS (pre)</td>
</tr>
<tr>
<td>SAMHSA</td>
<td>MHSAS (post)</td>
</tr>
<tr>
<td>NIMH</td>
<td>MHR</td>
</tr>
<tr>
<td>NIMH</td>
<td>MHR (HIV/AIDS)</td>
</tr>
<tr>
<td>NIMH/NIDA</td>
<td>MHR (SAR)</td>
</tr>
<tr>
<td>NIMH</td>
<td>DPN (pre)</td>
</tr>
<tr>
<td>NIMH</td>
<td>DPN (post)</td>
</tr>
<tr>
<td>NIA</td>
<td>MANIP*</td>
</tr>
<tr>
<td>NIA</td>
<td>Aging*</td>
</tr>
<tr>
<td>APA / NIMH / SAMHSA</td>
<td>PSI</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
</tr>
</tbody>
</table>
Mental Health and Substance Abuse Services Fellowship
Benefits of the MHSAS Fellowship

- Stipend (about $21,000)
- Mentoring
- Professional development
- Travel support
- Tuition (partial support)
- Health insurance (partial support)
- Dissertation support (up to $5,000)
- Internship application support
- Lifetime access to MFP network
Eligibility

- U.S. citizen, permanent resident, non-citizen national
- Enrolled in or applying to a doctoral/postdoctoral program
- APA-accredited doctoral program is required
Application Process

- Application Form
- Cover Letter
- 2 Essays
- Addictions Training Plan
- Curriculum Vita
- Transcripts
- 3 Recommendations
- GRE scores
Review Process

3 Stages

1. Initial Review Committee
2. Training Advisory Committee – General Review
3. Training Advisory Committee – Final Pool
Review Categories

- Scholarship
- Essays
- Career Potential
Scholarship

- Grades
- Contributing factors
Essays

- **Essay 1**
  - Training interests and career goals

- **Essay 2**
  - Training setting
Career Potential

- Serious commitment to providing culturally competent services to ethnic minorities
- Leadership ability/potential
- Experiences
- Letters of Recommendation
- Addictions training plan
PSI Highlights

- One week intensive
- Skills training
- Professional development
- Advocacy training / Capitol Hill visits
- Presentation experience
- Mentoring (professional and peer)
- Networking
Application Submission

- Statement of Purpose
- Concept Paper
- Curriculum Vita
- 2 Recommendations
Review Categories

- Concept Paper
- Recommendations
- Overall Potential
Tips for Writing Essays/Proposals

- Be relevant
- Be specific
- Be clear and concise
- Follow the directions
- Answer the questions
- Stand out among the crowd
- Have others read them before you apply
Recommendation Tips

- Find recommenders who know you well
- Ask them if they can write an excellent recommendation for you
- Provide some “talking points” for them
- Ask them early
- Follow up!!!!!
Attractive Advisors/Mentors

- **Ability to guide your training**
  - Knowledge of their field
  - Productivity
- **Match of interests**
  - Your interests
  - Mission of MFP
  - Mission of the funding agency
- **Commitment to you**
Final Tips

- Do your homework
- Don’t be a loner
- Solicit feedback throughout the process
- BE A LEADER!!!
Deadlines

- MHSAS – January 15
- PSI – May 1
Thank you!

Andrew T. Austin-Dailey, MDiv, MS
adailey@apa.org
(202) 312-6478

http://www.apa.org/pi/mfp